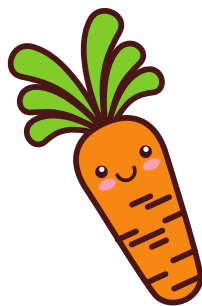


# MAKE MEAL TIME FUN TIME!



Cut out each question with help from a grown-up & stick in a bowl. Everyone pull out one to ask at your next family meal! Add in more questions if you'd like, too!

What's the funniest face you can make?

Imagine the house is made of food!  
What food would it be made of?

What are you really good at?

What's your favorite song?  
Sing it!

Imagine you are a chef! What would you cook at your restaurant?

## GROWN-UPS:

Eating as a family can strengthen relationships, lead to healthier food choices, and build memories together. You might learn something new about your kiddos!  
#HomeTogether!

