MAKE MEAL TIME FUNTIME! Cut out each question one to ask at your next family your disk, too!

If you could go anywhere in the world, where would you go?

Imagine a magical tree that grows any food! What would you want it to grow?

Think of a silly dance. Teach everyone how to do it!

What made you laugh today?

Which is your favorite: breakfast, lunch, snack, or dinner?

GROWN-UPS:

Focus on family time! For less stress, play this game on a night when you're having leftovers or a family favorite. Building memories around food will stay with your kids for a lifetime!



