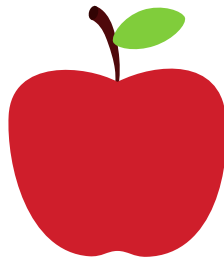
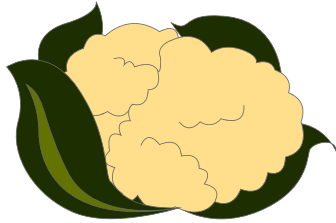


Don't yuck my yum!



- Step 1:** Everyone choose a different color crayon.
Step 2: Draw a heart around your favorite fruits & veggies.
Step 3: Look & see who likes what!

cauliflower



apple



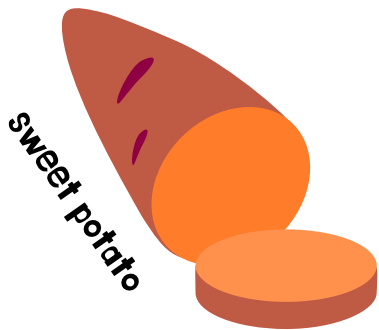
celery



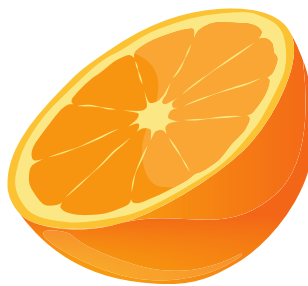
cucumber



pears



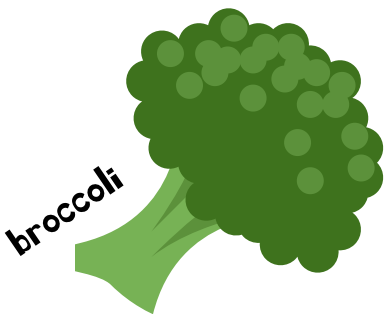
sweet potato



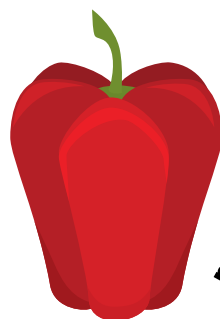
orange



greens



broccoli



pepper

GROWN-UPS:

Everyone likes different things! Instead of saying "that's yucky", try having your kids say "maybe I'll like it next time". Trying new things takes a little practice, just like learning to read!