Family Dinner Ingredient Hunt!

Finish the activities to help us get dinner on the table!

Help us trace these vegetable names!
- lettuce
- pepper
- cucumber

Help us color in these vegetables!
- Carrots are ORANGE
- Broccoli is GREEN
- Tomatoes are RED
- Corn is YELLOW

WHAT'S FAMILY STYLE DINING?

It’s when prepared dishes are placed on the table & everyone fills their own plate. It’s great for kids to learn to serve themselves, try a little taste of new foods, and feel like grown-ups! #WinWin!

Fun family activity alert! Head to facebook.com/cookingmatters.national for our Quarantine Cook Off Challenge!