

# MAKE MEAL TIME FUN TIME!

Imagine you are a chef! What would you cook at your restaurant?

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What's the funniest face you can make?

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Imagine the house is made of food! What food would it be made of?

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What are you really good at?

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What's your favorite song? Sing it!

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CUT OUT EACH QUESTION (KIDS CAN HELP!) & STICK IN A BOWL. EVERYONE PULL OUT ONE TO ASK AT YOUR NEXT FAMILY MEAL! ADD IN MORE QUESTIONS IF YOU'D LIKE, TOO!

 WRITE ANSWERS HERE!



WHY SHARE MEALS TOGETHER?  
EATING AS A FAMILY CAN STRENGTHEN RELATIONSHIPS, LEAD TO HEALTHIER FOOD CHOICES, AND BUILD MEMORIES TOGETHER. YOU MIGHT LEARN SOMETHING NEW ABOUT YOUR KIDDOS! #HOMETOGETHER!

**COOKING MATTERS**

